

SOCK SHOES 2024

"No one is born with shoes on their feet. Logical conclusion: Nature is not intended to put our feet in sneakers, high heels, running shoes with pronation support."

www.brington-group.hk



Sock shoes benefits and advantages:

- **Comfort:** Sock shoes are designed to conform to the shape of your foot, providing a snug and comfortable fit, enhancing overall comfort
- Improved Foot Strength: Sock shoes encourage the natural movement of your feet which can help strengthen the muscles in your feet and lower legs
- **Better Balance and Proprioception:** The minimal design of sock shoes allows for greater sensory input from your feet. This can improve your balance and proprioception
- Enhanced Mobility: The flexible sole and lightweight design of sock shoes make them suitable for a wide range of physical activities
- Reduced Heel Impact: Sock shoes typically have minimal or zero-drop soles, which means there's little to no height difference between the heel and forefoot
- Foot Health: By promoting a more natural foot movement, sock shoes may reduce the risk of common foot problems like bunions, plantar fasciitis, and Achilles tendonitis
- **Breathability:** Many sock shoe designs incorporate breathable materials, which can help keep your feet cool and dry, reducing the risk of sweat-related issues like athlete's foot
- **Versatility:** Sock shoes are often versatile and can be worn in various settings, from casual outings to athletic activities
- **Travel-Friendly:** Due to their lightweight and flexible nature, sock shoes are easy to pack and take with you on trips, making them a convenient choice for travellers











machine washable















Upper: PET or r-PET

Insole: optional

Outsole: TPR or Rubber













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eco-friendly



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Where we produce it:







THANKS